

Mercy Ministries Presents the Annual



Saturday, August 24, 2019 9:00 A.M.

LOCATION: The race will begin & end at the Quarry Soccer Fields, 2001 Old Wyomissing Rd, Wyomissing, PA 19610. The fields are located behind the Wawa on the corner of Museum Rd & Lancaster Ave in Shillington.

If using a GPS, please use: 100 W. Lancaster Pike, Wyomissing, PA 19610

REGISTRATION: Registration and number pickup opens at 7:45 a.m. 5k (*runners only*) starts at 9:00 a.m., 1 mile fun run/walk immediately after. Clock at finish and post race refreshments. Rain or shine. No refunds or mailed awards.

COURSE: The Lovin' Life 5K and fun run/walk course runs through gorgeous Wyomissing Park on both streets and trails. The course is fast and relatively flat.

AWARDS: 5K: Separate awards for the male and female winners and runner-ups:

14 & under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 3F 70+: 1M, 1F

ENTRY: 5k and 1 mile fun run/walk: Individuals \$25 and Family (4) \$75 or Family (5+) \$100 **NEW:** This year we will be giving back \$10 of the registration fee to the church/school/organization you are running with. Please list organization name on your registration form. *In order to receive the family discount, individuals must fill out separate registration forms and submit by mail (in one envelope) or at race day.

Optional online registration available on www.mercypregnancycenter.org

MAIL CHECK PAYABLE TO Mercy Ministries & FORM BELOW TO: Mercy Ministries, 105 South 5th Street, Reading, Pa 19602. Race Directors: Brittany May 484.332.7516 and Kelly Kidd 570.815.8065, mercyccpevents@gmail.com

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K (*runners only*) 1M Sex: M F Race day age: _____ Date of birth ____/____/____

Phone: _____ Email: (print clearly) _____

Church/School/Organization (for giveback donation) _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Mercy Ministries, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature whatsoever arising out of, or in the course of my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Mercy Ministries to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

Date ____/____/ 20__