

Mercy CCPC Presents the Annual



Saturday, Sept 29, 2018 9:00 A.M

LOCATION: The race will begin & end at the Quarry Soccer Fields, 2001 Old Wyomissing Rd, Wyomissing, PA 19610. The fields are located behind the Wawa on the corner of Museum Rd & Lancaster Ave in Shillington.

If using a GPS, please use: 100 W. Lancaster Pike, Wyomissing, PA 19610

REGISTRATION: Registration and number pickup opens at 7:45 a.m. 5k / Walk Starts at 9:00 AM. Regular short sleeve T-shirt to all pre-entries & race-day entries while they last. Clock at finish and post race refreshments. Rain or shine. No refunds or mailed awards.

COURSE: The Lovin' Life 5K and fun run/walk course runs through gorgeous Wyomissing Park on both streets and trails. The course is fast, relatively flat and will be timed by Pretzel City Sports.

AWARDS: 5K: Separate awards for the male and female winners and runner-ups:

14 & under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39:3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 2F 70+: 1M, 1F Grab bags to all finishers

ENTRY: 5k and 1 mile fun run/walk: Individuals \$25 and Family (4 individuals) \$75 if postmarked by, August 21, 2017. After August 21, plus race day, Individuals \$30 and Family (4 individuals) \$90. *In order to receive Family discount, individuals must fill out separate registration forms and submit by mail (in same envelope) or at race day.

Optional online registration available on www.pretzelcitysports.com

(nominal processing fee applies, closes at midnight, the Wed of race week)

MAIL CHECK PAYABLE TO Mercy CCPC & FORM BELOW TO: Mercy CCPC, 105 South 5th Street, Reading, Pa 19602. Race Director: Brittany May 484.332.7516 and Drew Kidd 484.345.9545, www.mercypregnancycenter.org

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K 1M Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : S M L XL Phone: (____) _____ A.M. or P.M.

Email: (print clearly) _____

Already getting Pretzel City emails regularly? Yes No WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Mercy CCPC, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

Date ____/____/ 20__